



## GENERAL MEETING

Please Join us on:

Tues. , April 16th at 1pm

### *Vicarious Trauma to Vicarious Resilience*

#### **Presenter**

♦ ***Dr. Vanessa Rodriguez, PsyD, MFT***

*Individuals in helping professions, including healthcare workers, therapists, social workers, educators, advocates and first responders, often find themselves immersed in the stories and struggles of those they serve. This immersion can lead to vicarious trauma, compassion fatigue and burnout. This course provides an in-depth exploration using case studies and real-life examples, equipping attendees with the knowledge and strategies necessary to navigate the complexities of empathic engagement while maintaining personal well-being.*

BBS CEU provided for \$50.



Please contact Dorian Lopez [Dorian@DLopezlaw.com](mailto:Dorian@DLopezlaw.com) to be added to our SDDVC Distribution List to receive meeting and training announcements. As always, if you have ideas for future meeting topics, please contact DV Council President Dr. Vanessa Rodriguez [drv@vmrtherapy.com](mailto:drv@vmrtherapy.com)

#### WHEN:

April 16, 2024

1pm - 3pm

#### WHERE:

Southeastern Livewell  
Center Conference Room  
5001 Market Street  
San Diego, 92114

- There is a parking garage next to the building.
- Light refreshments will be provided.
- Arrive early to network

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